

**The Ecumenical Institute of Theology
Summer 2015**

SP/PT 720 Introduction to Spiritual Direction

Dr. Fosarelli

Saturdays, 8:30 am – 4:30 pm, May 30; June 6, 13, 20

Pre- or Co-Requisite: TH 601

Course Description

This introductory course will explore spiritual direction – its history, contemporary practice, common spiritual problems encountered in direction, and the indications for referral.

Required Readings:

Gerald May. *Care of the Mind/Care of the Spirit*. SF: HarperSanFrancisco, 1992.
ISBN 978-0060655679

Tilden Edwards. *Spiritual Director, Spiritual Companion*. Mahwah: Paulist, 2001.
ISBN 978-0809140114

Ann Kulp. *Spirit Windows*, 1998. **ISBN 1-57895-021-X**

Course Requirements:

1. Class attendance and active participation – 20% of final grade
2. Completion of the following written assignments:
 - a. 7-10 page paper describing an interview with a spiritual director (suggested questions for the interview will be provided the first evening of class) – 30% of final grade, due July 1
 - b. 10-15 page paper on selected “problems” in spiritual direction: what they are, why they occur, and what a director can do to assist the directee with them. Suggested problems will be provided mid-way through the semester. – 50% of final grade, due July 15